amh new horizons

For more information, contact your local AMH New Horizons service:

Antrim
4a Steeple Road
Antrim
BT41 1AF
T: 028 9442 8081

Belfast
Level 2
Fisherwick Building
9 Upper Queen Street
Belfast
BT1 6FB
T: 028 9027 8283

Craigavon & Banbridge
13 Church Street
Portadown BT62 3LN
T: 028 3839 2314

Kilvargan Road
Craigavon BT66 6LF
T: 028 3834 2220

Derriaghy
44-46
City Business Park
Dunmurry
BT17 9GX
T: 028 9062 9759

Downpatrick
3 Ballydugan
Industrial Estate
Ballydugan Road
Downpatrick
BT30 6TE
T 028 4461 3791

Fermanagh
7 Cherrymount Road
Drumcoo
Enniskillen
BT74 4GN
T: 028 6632 3630

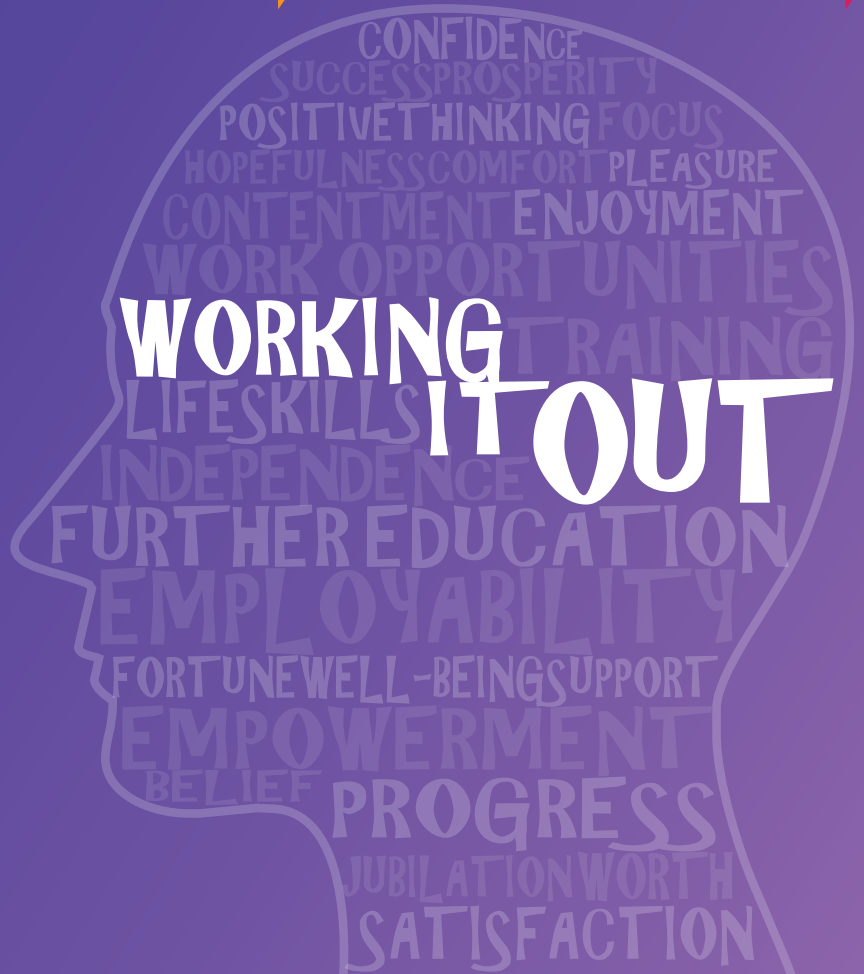
Foyle
Unit 13 Springtown
Industrial Estate
Springtown Road
L'Derry
BT48 0LY
T: 028 7137 3502

Newry & Mourne
An Stóras
28 Cornmarket
Newry
BT35 8BG
T: 028 3026 6117

North Down and Ards
27 Jubilee Road
Newtownards
BT23 4YH
T: 028 9182 2410

Training
Support
Guidance

Employment
Further Education
Further Training



WORKING IT OUT

www.amh.org.uk

Follow us on

European Union
European Social Fund
Northern Ireland

Department for Employment and Learning
www.delni.gov.uk

This project is part funded through the Northern Ireland European Social Fund Programme 2014 – 2020 and the Department for Employment and Learning

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At AMH New Horizons we support the recovery of adults experiencing mental ill health who are interested in progressing towards further education / training or employment.

Our ESF "Working it Out" project provides a comprehensive programme of specialist training in:

- Personal Development
- Vocational Skills
- Employability

Our staff will work with individuals to enable them to identify personal development and employability goals.

Through a person centred approach, we support the development and review of individually tailored action plans.

Specialist staff deliver accredited training and support work based training placements, enabling individuals to progress towards voluntary work, further training/education and employment.

To join the "Working it Out" project individuals should contact their local Community Mental Health Team, Conditions Management Programme or Jobs & Benefits Office Personal Advisor about a referral, or contact their local AMH New Horizons service directly for further information.

The "Working it Out" project is part funded through the Northern Ireland European Social Fund Programme 2014-2020, the Department for Employment and Learning and the five NI Health & Social Care Trusts.

People experiencing mental ill health are identified as one of the most disadvantaged groups when securing and retaining employment.

The "Working it Out" project aims to help individuals access employment or further education/training opportunities and enhance social inclusion thereby reducing poverty and discrimination.