



Your **next** step.
What will it be?





You are:

- Keen to get back in to a work or training environment
- Recovering from mental health issues
- Not employed

What you're looking for:

- Volunteer work
- Part-time work
- Permitted work
- Full-time employment
- Training or further education

What we can help with:

- A service tailored to you
- Finding the paid and voluntary work or training placement you want
- Supporting you with your CV, job search, applications and interview
- Providing ongoing support for up to 18 months

How to get involved:

Speak to your local...

- Community Mental Health Team
- Condition Management Team
- Jobs and Benefits Office
- Action Mental Health Employment Officer

AMH New Horizons

13 Church Street
Portadown
Co Armagh
BT62 3LN

Nuala Ellison

Employment Officer
T: 028 38392314
E: nellison@amh.org.uk



Department for
**Employment
and Learning**
www.delni.gov.uk

This project is part funded through the Northern Ireland European Social Fund Programme 2014 – 2020 and the Department for Employment and Learning