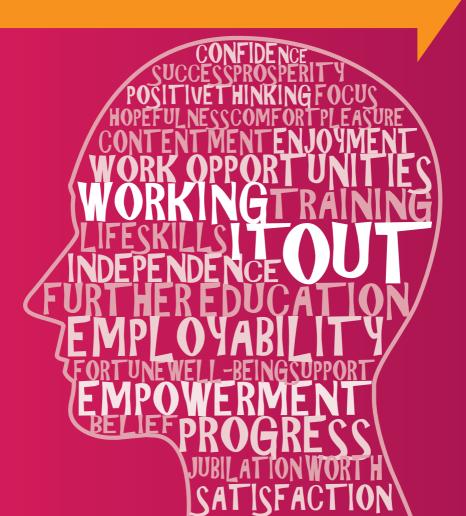


Your **next** step. What will it be?





You are:

- Keen to get back in to a work or training environment
- Recovering from mental health issues
- · Not employed

What you're looking for:

- Volunteer work
- Part-time work
- Permitted work
- Full-time employment
- · Training or further education

What we can help with:

- · A service tailored to you
- Finding the paid and voluntary work or training placement you want
- Supporting you with your CV, job search, applications and interview
- Providing ongoing support for up to 18 months

How to get involved:

Speak to your local...

- Community Mental Health Team
- Condition Management
 Team
- · Jobs and Benefits Office
- Action Mental Health Employment Officer

AMH New Horizons

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Employment Officer T: 028 38392314 E: nellison@amh.org.uk



