Are you unemployed and in receipt of Employment and Support Allowance, Disability Living Allowance or Severe Disablement Allowance?

Then the AMH Employment Programmes can help. We can offer you the following options:

Training Programmes
AMH offers a range of Accredited Training Programmes, including courses to enhance your employability skills. These include CV Preparation, ECDL, CLAIT and a range of NVQ's.

Personal Development Programmes
AMH offers a range of Personal Development Programmes aimed at increasing the confidence and self esteem of programme participants, which in turn will improve your employability skills. Courses include Confidence Building, Assertiveness Training and Communication Skills.

Work Based Training Placement
Provides the opportunity for a work placement with support for up to 52 weeks. It also supports training identified in your own action plan.

Voluntary Work
AMH can help you access a range of voluntary opportunities in line with your interests and capabilities.

Permitted Work (PWLL, PWHL, SPW)
A government scheme. You will be able to work less than 16 hours per week and may retain existing benefits (rules apply).

Further Training & Education
AMH will support those wishing to return to full or part-time education or taking part in government training schemes.

On-going Support
Once in a work setting you and your employer may receive on-going support for an agreed period of time to ensure you are able to remain in your chosen occupation.

Work Connect

Designed to support individuals move from incapacity related benefits into lasting, paid employment. This includes up to 26 weeks of pre-employment support where clients are offered a range of interventions to improve their employability skills and assist them to secure employment. Once in employment clients may avail of 26 weeks of on-going support to ensure a smooth transition back into the workplace.

Are you unemployed and in receipt of **Job Seekers Allowance?**

We can offer you the following options:

Training Programmes
AMH offers a range of Accredited Training Programmes, including courses to enhance your employability skills. These include CV Preparation, ECDL, CLAIT and a range of NVQ's.

Personal Development Programmes
AMH offers a range of Personal Development Programmes aimed at increasing the confidence and self esteem of programme participants, which in turn will improve your employability skills. Courses include Confidence Building, Assertiveness Training and Communication Skills.

Further Training & Education
AMH will support those wishing to return to full or part-time education or taking part in government training schemes.

Voluntary Work
AMH can help you access a range of voluntary opportunities in line with your interests and capabilities.

On-going Support
Once in a work setting you and your employer may receive on-going support for an agreed period of time to ensure you are able to remain in your chosen occupation.

Are you currently employed

but your **health is affecting your ability to do your job**, or are you at serious risk of **losing your job as a result of your health**?

Then the AMH Employment service can help.

Workable NI

Workable (NI) is a flexible programme which supports people with disabilities to access paid employment of 16 hours or more or currently in work, but are at serious risk of losing your job as a result of a disability.

If you have had to deal with stress, anxiety, depression or some other form of mental illness, then with the help and support from the AMH Employment Support Officer, we will encourage your own personal development and independence back to work.

The individually tailored support may include; personal development planning, ongoing support from AMH, relevant training identified to improve your qualifications or skills in the workplace, confidence building training as well as one to one counselling etc.

Ask about AMH

We accept referrals from:

Mental Health Professionals
JBO Employment Advisers
Condition Management Practitioners

You and your referral agent will be invited to visit AMH and you will have the opportunity to see the range of programmes that are available and decide whether AMH will meet your particular needs

Your referral agent will complete a referral form and forward it to the appropriate AMH service

A meeting will be arranged to confirm and expand information detailed on the referral form and to explore your goals and aspirations

Arrangements will be made for you to attend the service

From its inception in 1963, AMH has grown to be one of the largest mental health and learning disability voluntary sector organisations in Northern Ireland. We have an established track record in providing a range of unique high quality services, helping more than 1700 people every year across the region.

AMH New Horizons provides a range of vocational training, personal development and employment support services. Our Employment Officer is available for one to one support and guidance. We can also sign-post you to other Government Training and Employment Programmes.

Contact your local Employment Officer:

Ann-Marie Doone
adoone@amh.org.uk

Nuala Ellison
nellison@amh.org.uk

AMH New Horizons - Craigavon & Banbridge
13 Church Street Portadown BT62 3LN
Tel: 028 3839 2314

www.amh.org.uk

action mental health

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action mental health

Have you experienced **mental ill health?**

Would you like to **develop new skills**, gain **qualifications** and **improve your career opportunities**?

Just ask about AMH