

**Do you have a mental  
health condition and  
would you like support to  
get back to work?**

**"Anyone is  
capable of work.  
IPS is a stepping  
stone for anyone  
trying to get back  
to work."**

**"I was beginning to  
think I was unemployable.  
Now I have gained a  
career, not just a job."**



**“IPS has been good for me, it’s been a lifeline really, with the wages I earn, it has enabled me to afford to hold on to my flat. I feel it has given me more confidence in the work place and I feel proud of myself.”**

## **What we offer:**

- A personalised individual service
- Help finding the paid work you want to do
- Support with your CV, job searches, applications and interviews
- Approaching employers with you in mind
- Support managing your health condition to enable you to work
- Ongoing support for as long as you need
- Expert benefit advice so that you know exactly what your full income will be

## **Who can access the programme?**

Any Service User that wishes to work and has an employment specialist in their community team.

**If you would like more information, contact us at:**

Leigh Carey  
IPS Employment Specialist  
**Mental Health Resource Centre**  
AMH/Northern Trust  
17-19 Newal Road, Ballymoney  
Tel: 07860953517  
Email: [lcarey@amh.org.uk](mailto:lcarey@amh.org.uk)

**IPS** Individual  
Placement  
& Support