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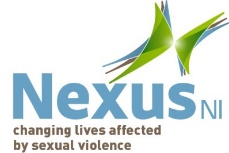
**Northern Area Mental Health Initiative**

**Post Primary School Booking Form**

*Please enter X in the box/es below to indicate which workshops you are interested in.*

|  |  |  |
| --- | --- | --- |
| **Workshops available** | **Action Mental Health** | **Nexus NI** |
| **All staff** | Mental Health Awareness/Resilience training to increase your skills, knowledge and awareness, to enable you to identify and support 8 – 25 year olds presenting with issues affecting mental health and emotional well-being. | Increase your knowledge of the risks of sexual exploitation, abuse and grooming, as well as online safety. |
| **Teachers** | Mental Health Awareness/Resilience training to increase your skills, knowledge and awareness, to enable you to identify and support 8 – 25 year olds presenting with issues affecting mental health and emotional well-being. | Increase your knowledge of the risks of sexual exploitation, abuse and grooming, as well as online safety. |
| **Parents** | Mental Health Awareness/Resilience training to increase your skills, knowledge and awareness, to enable you to identify and support 8 – 25 year olds presenting with issues affecting mental health and emotional well-being. | Increase your knowledge of the risks of sexual exploitation, abuse and grooming, as well as online safety. |
| **Young people aged 11 – 16 years** | Mental health and emotional well-being workshop promoting and raising awareness of the signs and symptoms of mental ill-health and self-help/self-care.  *Resilience workshops:*  Exam Stress  Confidence Building & Self-esteem  Body Image  Bullying Awareness | Internet Safety, Sexual Abuse & Exploitation Education – increase knowledge of the risks of sexual exploitation, abuse and grooming, as well as online safety. |
| **Young people aged 16 – 25 years** | Mental health and emotional well-being workshop promoting and raising awareness of the signs and symptoms of mental ill-health and self-help/self-care.  *Resilience workshops:*  Exam Stress  Confidence Building & Self-esteem  Body Image  Bullying Awareness | Internet Safety, Sexual Abuse & Exploitation Education - increase your knowledge of the risks of sexual exploitation, abuse and grooming, as well as online safety. |
| **Key contact name** |  | |
| **Job title/role** |  | |
| **School** |  | |
| **Telephone number** |  | |
| **Email** |  | |
| **Please highlight the SOAreas that you have pupils from** | |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | | **Coleraine**  Ballysally 1  Central  CrossGlebe  Churchland | **Newtownabbey**  Valley 2  Dunanney  Monkstown 1  Coole  Mossley\_ Carnmoney\_ | **Antrim**  Farranshane | **Larne**  Ballyloran  Craigy Hill  Antiville | **Carrickfergus**  Northland  Sunnylands | **Ballymena**  Ballee  Ballykeel  Moat | | |
|  | **To help promote The Initiative we may mention your school as a beneficiary of the workshops on websites, social media, in the press, newsletters etc and include photographs. If children are under 18 we will not identify them.**  **Do you give your consent? YES NO** | |

**Please return this form to** [**northernareamhi@amh.org.uk**](mailto:northernareamhi@amh.org.uk)

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