

DIRECTORS

Mr H W R Kohner Chairman
Mr R C Mowbray Resigned Vice Chairman 12 December 2013
Mr P D Fitzsimmons Appointed Vice Chairman 12 December 2013
Mr P Barr Honorary Treasurer
Mrs S E Hillan
Mr T A J McKeever
Mrs P J Cross
Mr C B McMurray
Mr J L C Thompson
Mr E F Fee
Ms P Hunter
Mr D M McKeown
Dr F A O'Neill
Mr S F Pollard
Mr W B Perceval-Price resigned 12 Decmber 2013
Mr G M Carson resigned 12 December 2013
Mr R A Boyd resigned 12 December 2013

SECRETARY

Mrs P J Cross up to 12 December 2013
Mrs I Gallen from 12 December 2013

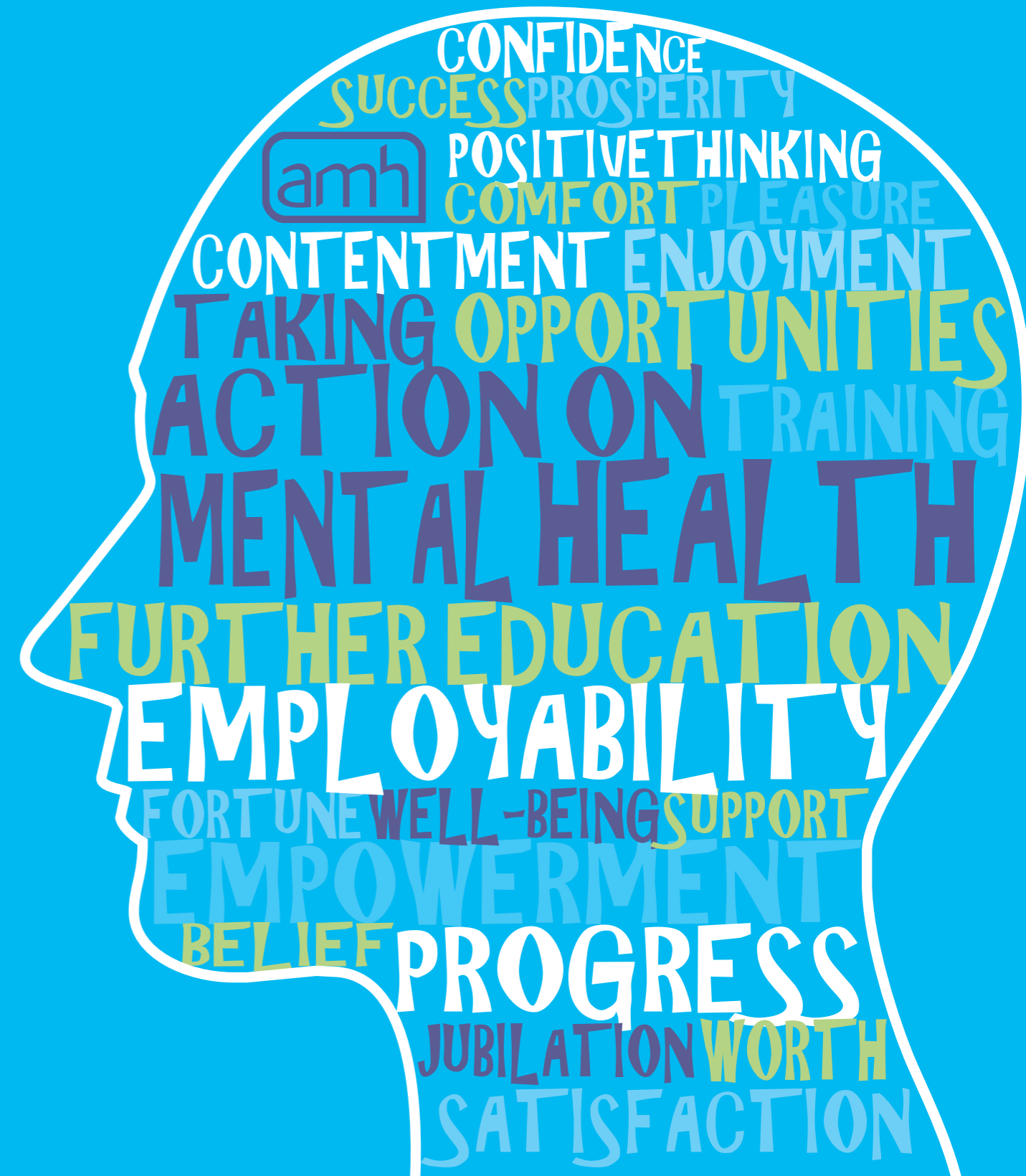
SENIOR MANAGEMENT TEAM

David Babington Chief Executive Officer
Audrey Allen Head of Operations
Ingrid Gallen Head of Business Support


action mental health



Annual Report 2013/2014




action mental health
www.amh.org.uk



Foreword

CHIEF EXECUTIVE'S REPORT



Looking back it's hard to imagine a better way to mark AMH's 50th year. More clients than ever using our services

and the diversity of qualifications, activities and options offered to our clients expanding. From the Men's Sheds for older men, to our development programmes in HMP Hydebank and Maghaberry, to the MenSsana and Salus projects to build young people's resilience, the long term conditions project, our

tailored recovery programmes and the growth of AMH Works courses with employers, the organisation is delivering a whole population approach to mental health.

To support our work the Board committed resources to upgrade facilities and this has continued apace with Antrim, Foyle and Ards now transformed to provide our new range of services. Staff have responded to the new way of work and in particular the outreach programmes into areas such as Strabane. We have also delivered a range of events to tackle stigma and our Client Committees have played a central role in contributing

to their smooth running, we are very grateful for their input.

I believe this report demonstrates that AMH is dynamic, forward thinking and attuned to the needs of clients. Working in partnership we have transformed lives and provided opportunities. We are grateful to all our partners and funders for making this possible; I would also like to thank our staff for their passion and commitment in delivering quality services over such a diverse range of programmes.

David Babington
Chief Executive

CHAIRMAN'S REPORT



As Chairman of AMH in our 50th year I'm delighted to say that AMH is now supporting more clients than ever in an

increasingly varied number of ways. Not only that but in the last year our clients and staff continued to raise the issue of mental health and the associated stigma with the wider public in our role as the NI Assembly Commission's first Charity of the Year. It was fitting that in this year HRH the Prince of Wales and HRH the Duchess of Cornwall visited staff and clients in Fermanagh to recognise our work. Our founding Board members would have been very proud to see how the Industrial Therapy Organisation

has evolved from small beginnings in Downpatrick in 1963.

However much AMH may have changed, our core work is still focused on Recovery and we welcome the partnerships, particularly with the five Health Trusts, who are working with us to deliver the best possible service to clients. Our joint development of services under ImROC is helping to realise the vision in the Bamford Review and Transforming Your Care. The key to our services is our quality framework and I was thrilled that AMH once again retained Investors in People Gold and Champion status this year, alongside a rolling programme of embedding Customer Service Excellence in all our services.

My 12 years as Chairman come to an end this year. It has been an

interesting, at times challenging, but essentially a very rewarding experience. AMH is now in a strong state in terms of outcomes, quality of service, management and governance, finance and reputation. This has been achieved through the tremendous support and effort from the Board and the Executive, as well as the enthusiastic endeavour of all the staff. I would like to express my thanks to them all.

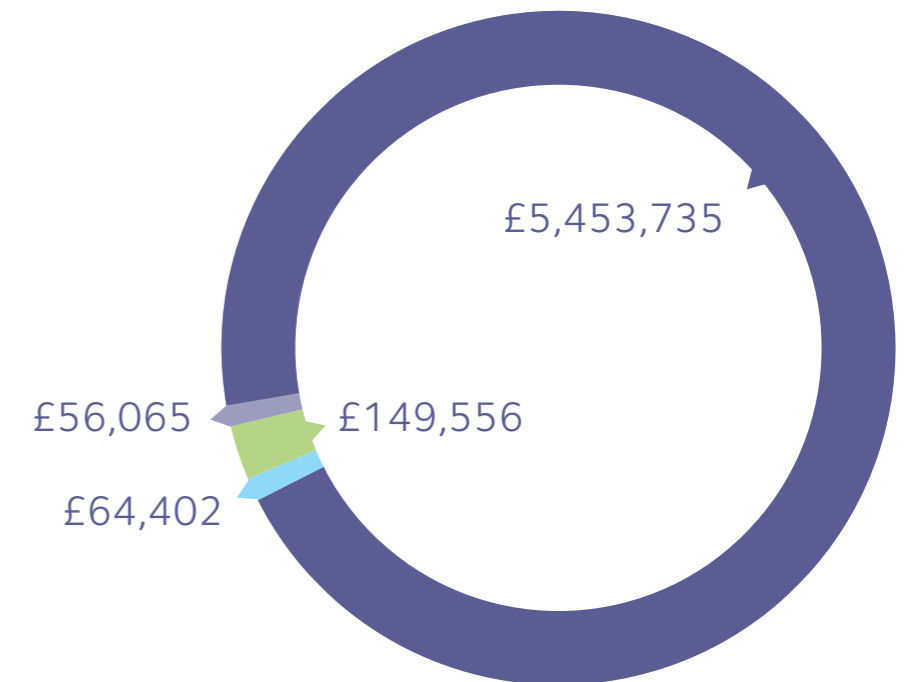
The years ahead will doubtless not be easy, but I am sure that my successor and the entire team will be well able to achieve the best possible results. I would like to wish them well and also to wish all the clients every success in their paths to recovery.

H W R Kohner
Chairman

Finance

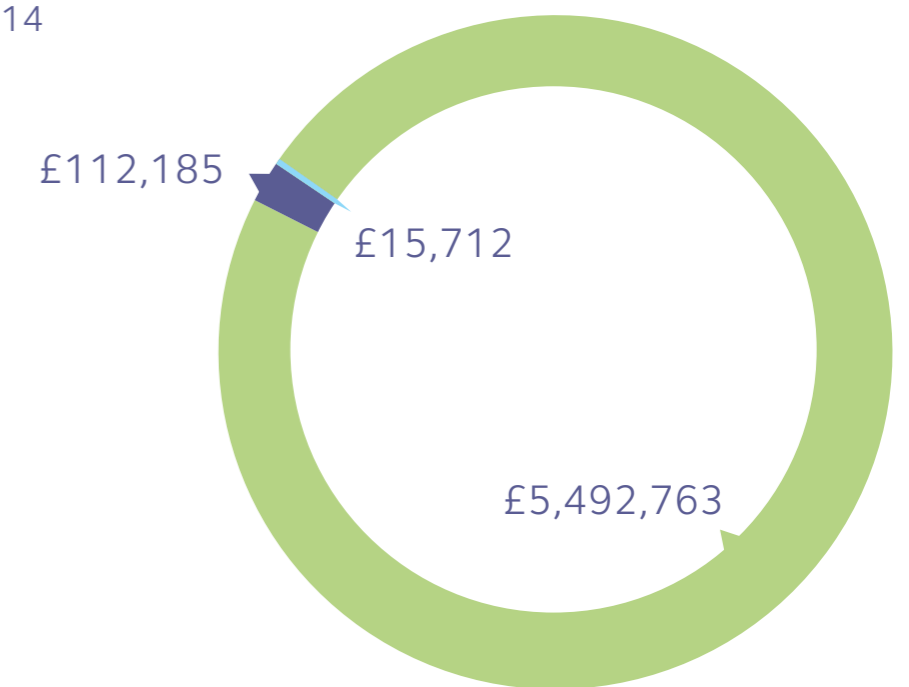
INCOME 2013/2014

- Charitable Activities Income
£5,453,735
- Voluntary Income
£64,402
- Trading Income
£149,556
- Investment Income
£56,065



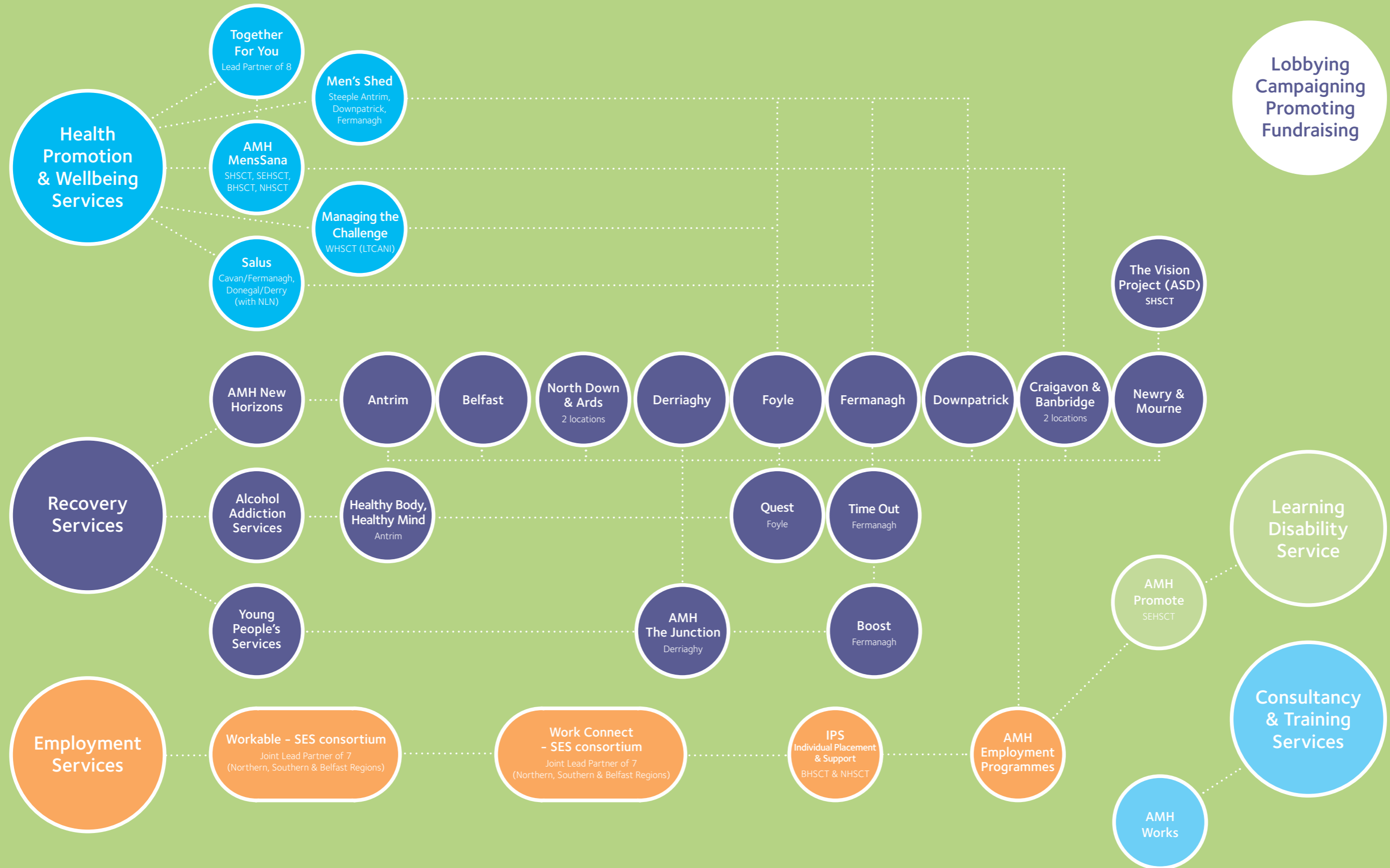
EXPENDITURE 2013/2014

- Charitable Activities
£5,492,763
- Fundraising Costs
£112,185
- Governance Costs
£15,712



A full copy of the audited accounts for the year to 31st March 2014 can be obtained by contacting cchesney@amh.org.uk or can be downloaded from our website www.amh.org.uk

AMH Services & Projects



AMH Facts & Stats – A Snapshot

Vision

“A society which actively values and promotes good mental health”.

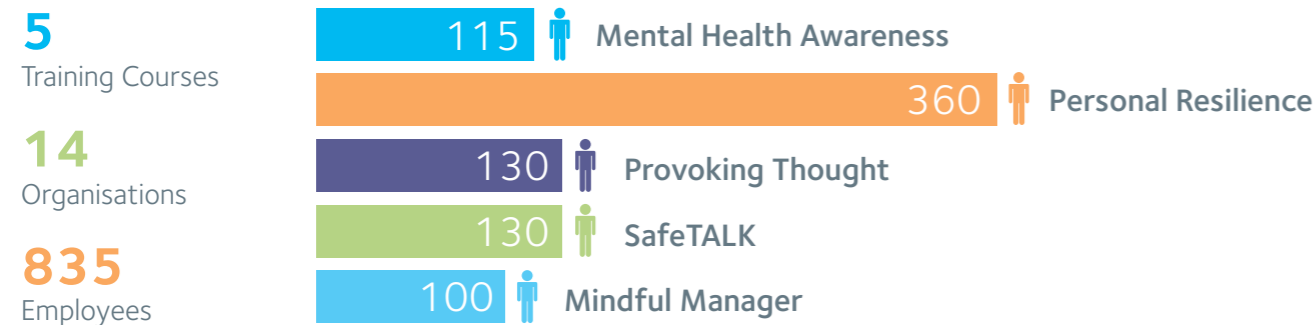
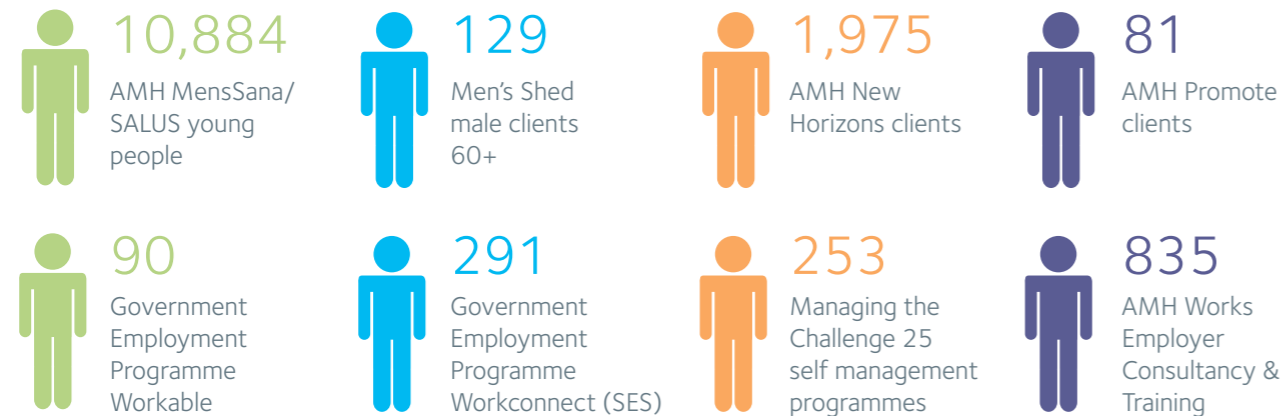
Mission

“To make a positive difference in people’s mental health.”

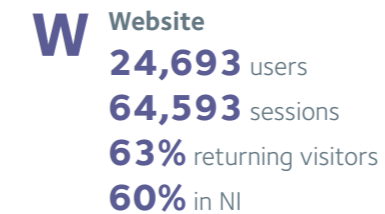
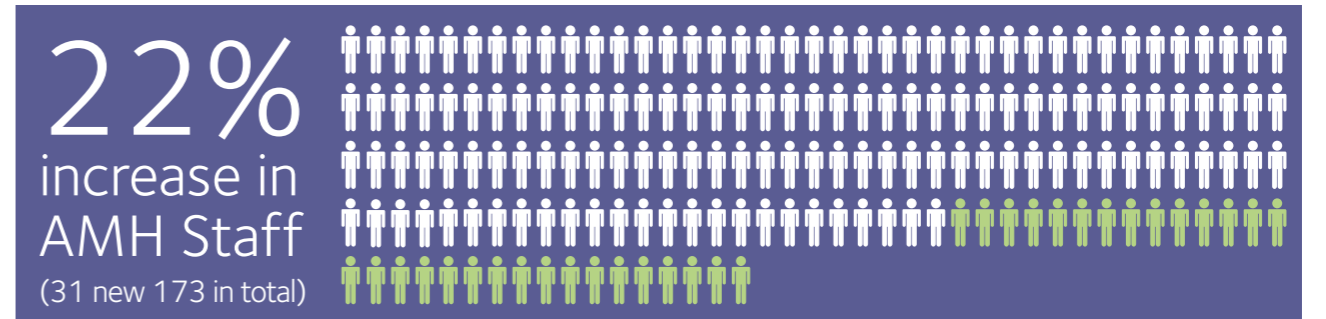


13 locations with services spanning the whole of NI and into the border regions of Donegal & Cavan interacting with a total of 14,538 people.

14,538 Number of people supported by AMH Services & Projects during 2013/2014



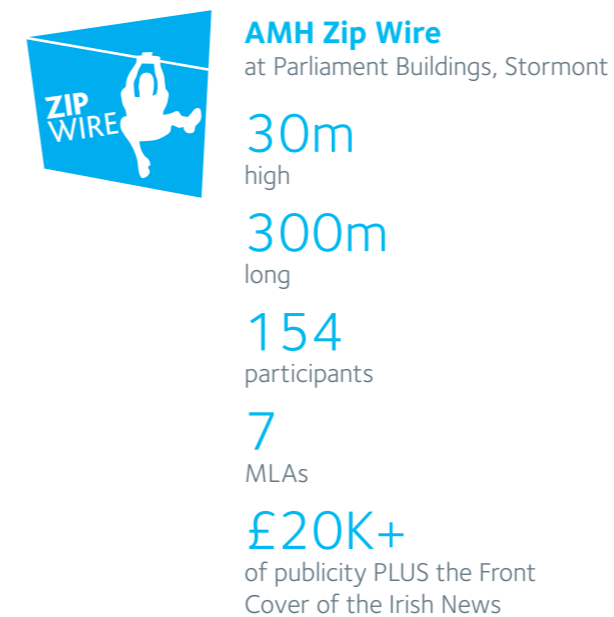
New projects



Charity of the Year for:



Challenge of the Year



Public Affairs Event of the Year

