

**ANNUAL REPORT 2012/2013**  
TAKING ACTION ON MENTAL HEALTH

1. AMH New Horizons Foyle
2. AMH New Horizons Fermanagh
3. AMH New Horizons Antrim
4. AMH Works
5. AMH Regional Office
6. AMH New Horizons Craigavon
7. AMH New Horizons Portadown
8. AMH Menssana
9. AMH New Horizons Newry
10. AMH New Horizons Downpatrick
11. AMH New Horizons Derrriaghy
12. AMH New Horizons Belfast
13. AMH New Horizons Newtownards
14. AMH Central Office
15. AMH New Horizons Bangor
16. AMH Promote

**3**

Men's Sheds open - Steeple Antrim, Downpatrick, Fermanagh, funded by the Big Lottery Fund

Number of clients who engaged in services during 2012/2013

**1490**  
New clients participated in AMH's New Horizons ESF Competitiveness and Employment Programme

**1728**  
AMH New Horizons

**82**  
AMH Promote

**2071**  
Certificates awarded

**209**  
AMH Accept

**5333**  
AMH Menssana Young People

**67 Clients**  
Gained paid employment

**52 Clients**  
Moved on to further education/training or government programmes

**84 Clients**  
Undertook voluntary work

**227 Media Stories**

**SES Workable** (Commenced July 2012)  
160 clients registered, 65 supported by AMH

**SES Work Connect** (Commenced September 2012)  
313 clients registered, 148 supported by AMH,  
41 clients gained employment, 20 Supported by AMH

**Managing the Challenge Programme**  
25 programmes, 203 participants

**amh works Launched**

We delivered the following training courses to company employees last year

**Mindful Manager**  
Schrader Electronics - **20**  
Allstate Northern Ireland - **120**  
Michelin Tyres - **30**  
National Museums Northern Ireland - **20**

**Personal Resilience**  
Northern Ireland Housing Executive - **60**  
Translink - **100**  
Belfast City Airport - **40**  
National Museums Northern Ireland - **40**  
Health In Mind - **150**

**Mental Health Awareness**  
Translink - **50**  
Northern Ireland Housing Executive - **40**  
National Museums Northern Ireland - **60**  
Health In Mind - **100**

**Safe Talk**  
Lighthouse - **40**  
Women's Aid - **120**  
Queen's University - **15**  
University of Ulster - **50**  
Health In Mind - **80**

★★★★★  
EVENT OF THE YEAR  
**Style at Stormont**  
110 Guests 110 Goody Bags 15 Raffle Prizes  
1 Michael Buble Tribute Act 16 Models  
5 Make-up Artists 10 Hairdressers 3 Photographers  
1 DJ 5 Weeks of Media Coverage  
#STYLEATSTORMONT 14000 TWEETREACH

★★★★★  
CAMPAIGN OF THE YEAR  
**Shine a Light at Stormont**  
300 Lights 90 Nights  
300 Messages of hope and support

**EVENTS**  
**25**

Events held between  
1st April 2012 - 31st March 2013



Keep an eye out for our upcoming events

**34 MLAS**  
Attended our events

**THIS YEAR...**

**ses**  
supported employment solutions  
Launched, AMH joint lead partner  
AMH's Research Report "Pay Pennies, Rebuild Lives" by University of Ulster launched - "Investment in programmes such as AMH New Horizons, could help address as much as **£50 million of the cost** of mental health problems in Northern Ireland **annually**"  
Visit [www.amh.org.uk](http://www.amh.org.uk)  
AMH's Garden Centre in Downpatrick re-launched  
AMH New Horizons Belfast is re-located to Belfast City Centre  
AMH Central is re-located to Newtownards

**177%**  
increase in numbers following the AMH Twitter feed

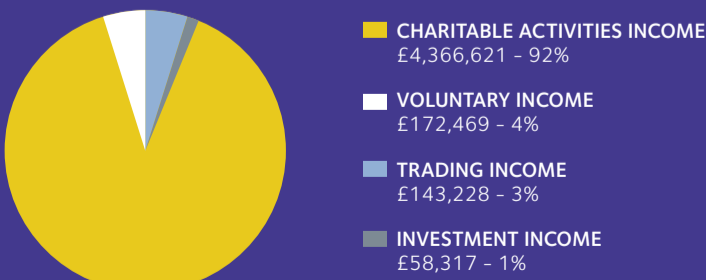
**238%**  
increase in numbers liking the AMH Facebook page

**22,396**  
visits to the AMH Website

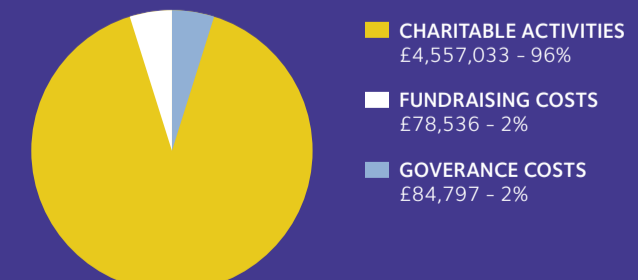
**2** Directors resigned from the Board  
**6** New Directors appointed  
Hello & Goodbye

**6 Members**  
of staff celebrated their 50th Birthday!  
Happy 50th birthday guys!

Income 2012/2013



Expenditure 2012/2013



A full copy of the Audited Accounts for the year to 31st March 2013 can be obtained by contacting [cchesney@amh.org.uk](mailto:cchesney@amh.org.uk)

AMH's work is made possible by generous support from Health and Social Care Trusts and the European Union. AMH also wish to acknowledge the generosity of the many trusts, foundations and funding bodies who give so generously, a full list of which can be reviewed within our statutory accounts.

AMH is a charity recognised by the Inland Revenue under reference XN47959. The company is registered in Northern Ireland NO. NI5568

CHARITY OF THE YEAR FOR



This project is part funded by the European Social Fund and The Department for Employment and Learning under Priority 1 of the Northern Ireland ESF programme 2007-2013

