



Shedder Information Pack



Who can join the Men's Shed

The Shed is open to men aged 60+ and membership is FREE.

Why would I participate in a Men's Shed?

- Gain, use and share practical skills and knowledge
- Improve health and wellbeing by keeping physically, mentally and socially active
- Meet new people
- Spend time with old friends and make new ones
- Try New things
- Enjoy the craic and have some fun

What to do now

If you would like to visit Men's Shed Downpatrick before you join to have a look around the premises and have a cup of tea and a chat with shedders and project staff, please contact Hazel Wilson at Men's Shed Downpatrick on 07803899617 or email downpatrick@menssheds.ie

How do I Join?

Registration is free. You can register by completing our membership form. New members will also be given a comprehensive induction to the Shed including health and safety policy and procedures.

Transport & Parking

Men's Shed Downpatrick is located at AMH Ballydugan Industrial Estate. Free parking is provided and it is 0.6 miles from Downpatrick bus station.

Opening Hours

Monday: 9.30am – 1.30pm

Tuesday: 9.30am – 3.30pm

Wednesday: closed

Thursday: 9.30am – 1.30pm

Friday: 9.30am – 2.30pm

