

The NI Families Network

is a partnership between:



Contact Details

Child & Family Support Worker

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Child & Family Support Worker

Western Trust Area:

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INFORMATION FOR PARENTS AND CARERS

**Supporting Children
with Emotional Health
and Wellbeing Issues
and
Their Families**

NI FAMILIES NETWORK



Phone 028 90 402323 Website www.mindwisenv.org
Registered in Northern Ireland Number NI071976.

MindWise is the operating name of Mind Wise New Vision
a company limited by guarantee and recognised
by HM Revenue and Customs as a charity for tax purposes.

NI Families Network

The NI Families Network has been awarded five years' funding from the Big Lottery Fund, under the Reaching Out— Supporting Families Programme, to deliver support to children and their families in your local Health Trust area.

This project is called the **Family Wellness Project**.

The aim of this project is to support children aged 5-11 years who are experiencing emotional health and wellbeing issues. We also aim to support others in the family to help the child and to access support services available locally and online.

This service is free, confidential and independent.

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Why Have You Received This Leaflet?

Your child was experiencing emotional health and wellbeing issues

You visited your GP or a professional working with your child

It was decided that your child would benefit most from the type of support provided by the NI Families Network

What Happens Next?

Your allocated Child & Family Support Worker will contact you within the next week to arrange an initial meeting.

At this first meeting, the Worker will explain to you and your child what the Project involves. They will come to your home so there is no need to travel.

After this meeting you can decide if you and your child want to receive support from the Project. (On very rare occasions we might decide not to take on a referral.)

A number of weekly support meetings will take place over the next couple of months to help you and your child to implement your own action plans.

Please contact the Child & Family Support Worker for your Trust area should you have any queries or concerns beforehand.