

Mental Health Summit

Stormont Hotel, Belfast
24 February 2016



Resolve!

For more information and contact details:

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Let's resolve Mental Health Service Provision... together.



Regress?



React?



Resolve!

NI's First Mental Health Summit

Regress? React? Resolve? Time to Resolve! Northern Ireland's First Mental Health Summit

This event will focus on the future of our mental health services and provide delegates the opportunity to influence the Departmental Mental Health Strategy in NI.

Through this process we aim to prioritise mental health in the next programme for government and gain a commitment to resolving mental health service provision during the life of the new Assembly.

“Let’s resolve Mental Health ... together”

This Mental Health Summit is Northern Ireland’s most senior level, private networking debate focusing exclusively on improving our mental health services.

Today brings together representatives from the Department of Health, Department of Justice, mental health professionals, MLAs, Commissioners, Voluntary and Community Sector reps and service users. The summit will focus on key themes resulting from AMH’s recent research project - Regress? React? Resolve? – *An evaluation of mental health service provision*, published in October 2015.

Brief background – where we are

We are now in the ‘Resolve’ phase of our project. Following on from our report launch last October, we have now briefed departmental officials and have widely publicised our findings.

Now it is time to take the findings of the report to drive forward the process of influencing the next programme for government.

What we hope to achieve

The summit will enable us to demonstrate what needs to be done, how it can be achieved and the impact of action on resolving the deficiencies in mental health policy in Northern Ireland.

The DHSSPSNI has committed to considering all of our proposals in advance of the forthcoming programme for government.

Attendees will be participants in a workshop-style, interactive, well-moderated group discussion. We are looking for participants who will voice opinions, raise hard questions and contribute to a working document, which we will be submitting to the Department of Health and the Health Minister.

It’s time to stop the drift in mental health services, tackle under investment, fragmentation and lack of direction.

Thank you for being part of the drive to resolve mental health service provision.

Summit Chair



Barry Turley is one of Northern Ireland's leading PR and Public Affairs Consultants, with twenty years experience representing clients across the business, voluntary and community, digital, and agri-food sectors.

Speakers



Natasha Devon MBE works as a television pundit and writer. She is the Department of Education’s first ever Mental Health Champion for schools in England. In this role Natasha helps to raise awareness and reduce the stigma around young people’s mental health.



Brenda Shankey is a Director of Jason Shankey Salon Group and was named Business Woman of the Year in 2012. Author of the motivational book ‘Be Fabulous’, Brenda is also a meditation and mindfulness coach and an inspirational speaker.



Alastair Campbell is a writer, communicator and strategist best known for his role as Tony Blair’s Spokesman, Press Secretary and Director of Communications and Strategy.



Simon Hamilton MLA is Minister of Health in the Northern Ireland Executive. He was appointed to this post in May 2014 after previously servicing as Minister of Finance.



Dr Lorna Montgomery is a social work lecturer at Queen's University Belfast. She has a professional background in mental health social work and was one of the authors of AMH’s recent research project - Regress? React? Resolve?



Mental Health Summit

09.00	Registration, Tea, Coffee & Scones
10.00	Welcome Barry Turley, Summit Chair
10.05	Simon Hamilton Minister for Health, Social Services and Public Safety
10.15	Opening Remarks David Babington, Chief Executive, Action Mental Health
10.30	Dr Lorna Montgomery Queen’s University Belfast
11.00	Tea Break
11.15	Natasha Devon MBE Mental Health Champion for English Schools
11.40	Panel Discussion David Babington CEO, AMH; Andrew Dawson, Head of Mental Health Policy; Paul Greer, AMH Service User; Lorna Montgomery, Queens; Natasha Devon, Mental Health Champion
12.20	Brenda Shankey Business Women, Meditation and Mindfulness Coach
12.25	Political Panel Discussion Mike Nesbitt MLA, UUP; Alastair Ross MLA, DUP; Maeve McLoughlin MLA, Sinn Fein; Kieran McCarthy MLA, Alliance Party; Claire Hanna MLA, SDLP
13.00	Lunch & Networking
13.45	Alastair Campbell A video message
14.00	Breakout Sessions
15.00	Feedback and conclusions
15.45	Close