

OUR MISSION

To make a positive difference to people's mental health and well-being.

OUR VISION

A society which actively values and supports people on their journey to positive mental health.

OUR VALUES

Passion We are passionate about and dedicated to our clients and we are totally committed to realising the mission, vision and values of the organisation.

Empowerment Our models of practice will be evidence based, and aimed at empowering our client, enabling them to make decisions about their lives, and their recovery.

Excellence We will strive to deliver excellent service standards, consistently wherever and whenever we engage.

Our clients can expect modern and innovative service delivery.

Respect Dignity and respect are at the core of everything we do - for our clients, colleagues and wider community.

We will act in a trustworthy manner in all we do.

Meet the Action Mental Health Board of Directors



Peter Fitzsimmons
Chairman



Robert Mowbray
Vice Chairman



Patrick Barr
Hon. Treasurer



Billy Kohner



Courtenay Thompson



Stephen Robinson



Eugene Fee



Thomas McKeever



Brian McMurray



Dr Gerard Lynch



Diarmuid McKeown



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