RUG AND ALCOP

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Disclaimer. Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly with providers that their service or organisation meets your requirements

This publication can also be downloaded from www.drugsandalcoholni.info

Services for Adults

HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties

Open Access

HURT

Tel: 028 7136 9696

..... Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users)

Open Access/Self Referrals Accepted ARC Healthy Living Centre (SOLACE) Fermanagh

🗖 Tel: 028 6862 8741

DePaul Ireland (Foyle Haven) Derry

L Tel: 028 7136 5259/ 028 7126 0839 **First Housing**

🖵 Tel: 028 8225 2730 (Ramona House -Omagh)

Tel: 028 7137 1849 (Floating Support - Derry) **—** Tel: 028 7136 1156 (Damien House - Derry)

Apex Housing Derry

Tel: 028 7126 7957 (The House in the Wells) Tel: 028 7136 2689 (Foyle Valley House)

Drink Wise, Age Well

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted Addiction NI

Tel: 028 7116 0236 (Derry) **Tel:** 028 6638 1714 (Enniskillen) Tel: 028 8283 9240 (Omagh)

Domiciliary Outreach Programme

Alcohol and Drug Service for Older People. **Open Access/Self Referrals Accepted** WHSCT

🗖 Tel: 028 7131 4239

Steps to Change

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted ASCERT

Young People/Family

Enniskillen Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Find Centre 🖵 Tel: 028 6632 5559

Derry Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Longtower 🖵 Tel: 028 7136 6099

HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

Open Access HURT

🖵 Tel: 028 7136 9696

Strengthening Families Programme

Parents and children participate in the 14-week SFP, both separately in teen and parent sessions, and then together in family sessions.

Targeted at At-Risk/Vulnerable Families

Derry Healthy Cities

🖵 Tel: 028 7161 1384

Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups ASCERT

L Tel: 028 8244 8170 or L Tel: 0800 254 5123 _____

Steps 2 Cope

Online support and self help resources for young people, aged 11-18, affected by a parent's use of alcohol.

ASCERT & Barnardos

www.stepstocope.co.uk

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted ASCERT & Start 360

🖵 Tel: 028 7137 1162

Specific Groups

Needle and Syringe Exchange Sites Lloyd's Pharmacy

♀1 Ebrington Terrace, Derry 🖵 Tel: 028 7134 2454 ♀ 28 Belmore Street, Enniskillen 🖵 Tel: 028 6632 2202 Superdrug **P**Ferryquay Street, Derry 🗖 Tel: 028 7126 3334 Mourne Pharmacy (Medicare) 💡 8a Beechmount Ave, Strabane 🖵 Tel: 028 7188 5548

Gordon's Pharmacy

💡 Unit 2, 57-61 Main Street, Limavady 🖵 Tel: 028 7776 3438

Group Support

ublic Health

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

🗖 Tel: 028 9043 4848

🔜 www.alcoholicsanonymous.ie AlAnon

Group Support for Family Members

🖵 Tel: 028 9068 2368

🔜 www.alanonuk.org.uk

Alateen

Group Support for Teenagers 🖵 Tel: 028 9068 2368

www.al-anon.org/for-alateen **Narcotics Anonymous**

12 Step Programme/Group Meetings

🖵 Tel: 07810 172 991

www.na-ireland.org

Community/Stakeholder Support Western Drug & Alcohol Coordination **Team/ Connections Service (WDACT Connections**)

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 0800 254 5123 (ASCERT)

www.drugsandalcoholni.info

K connections@wdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those

🖵 Tel: 028 8244 8170 📮 Tel: 0800 254 5123

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals **WHSCT**

Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

Tel: 028 6638 2073 (Enniskillen)

Tel: 028 8283 5453/5365 (Asha Centre, TFH, Omagh) Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below

In Crisis? Call Lifeline

Addiction Service Referrals Asha Centre, TFH, Omagh, Detox Unit

Tel: 028 8283 5453/5365

Northlands

6 week residential rehab programme.

Tel: 028 7131 3232

Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals Start 360 🖵 Tel: 028 7137 1162

DAMHS (Drug & Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties

GP/CAMHS Referrals

FREE 24/7 HELPLINE 0808 808 8000

WHSCT 🖵 Tel: 028 7186 5238

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ASCERT **Tel: 0800 254 5123**

Drink, Work and Me

Offers one to one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

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Addiction NI

Tel:028 9066 4434

🔜 www.drinkworkandme.com

For more detailed information on services available in your HSCT area visit: www.drugsandalcoholni.info



"Addressing drugs and alcohol together"