

For more information, contact your local
AMH New Horizons service:



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21C Railway Street
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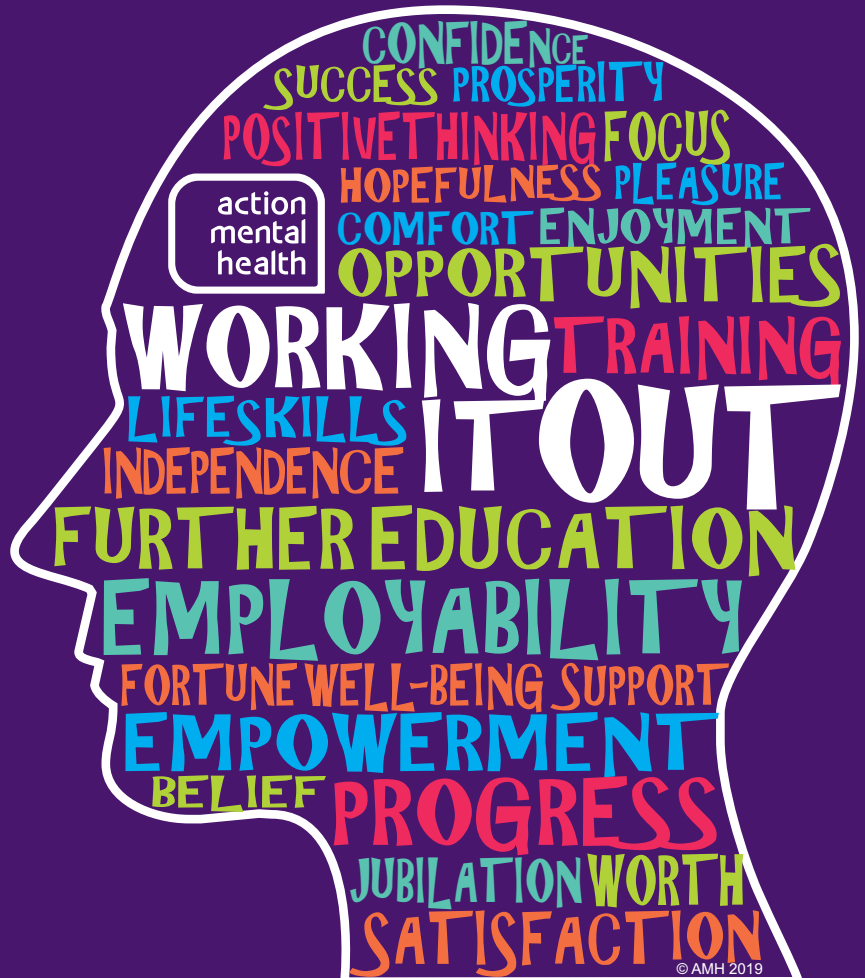
Downpatrick
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At AMH New Horizons we support the recovery of adults experiencing mental ill health who are interested in progressing towards further education / training or employment.

Our ESF “Working it Out” project provides a comprehensive programme of specialist training in:

- Personal Development
- Vocational Skills
- Employability

Our staff will work with individuals to enable them to identify personal well-being and employability goals.

Through a person centred approach, we support the development and review of individually tailored action plans.

Specialist staff deliver accredited training and support work based training placements, enabling individuals to progress towards voluntary work, further training/education and employment.

To join the “Working it Out” project individuals should contact their local Community Mental Health Team, Conditions Management Programme or Jobs & Benefits Office about a referral, or contact their local AMH New Horizons service directly for further information.

The “Working it Out” project is part funded through the Northern Ireland European Social Fund Programme 2014-2020, the Department for the Economy and the five NI Health & Social Care Trusts.

People experiencing mental ill health are identified as one of the most disadvantaged groups when securing and retaining employment.

The “Working it Out” project aims to help individuals access employment or further education/training opportunities and enhance social inclusion thereby reducing poverty and discrimination.

