

Thank you for your interest in the AMH Healthy Heroes programme for your school.

Healthy Heroes includes emotional wellbeing sessions delivered by AMH Menssana staff as well as teacher led sessions all designed to appeal to children in primary 7 who are about to make the move to big school.



Teacher resources are provided for each of the teacher led sessions and the AMH Menssana team will be on hand throughout the year to support each school in the delivery and evaluation of the Healthy Heroes programme.

Package	Number of classes who benefit	Number of teachers who benefit	Investment
Healthy Heroes for 1 class	1 Primary 7 class	1	£1555
Healthy Heroes for 2 classes with sessions delivered on the same day (am and pm)	2 Primary 7 classes	2	£1965
Healthy Heroes for 3 classes (2 programmes on one day and another on a separate day)	3 Primary 7 classes	3	£2685

To find out more or discuss any aspect of programme delivery or pricing please contact

SOUTHERN TRUST AREA

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