

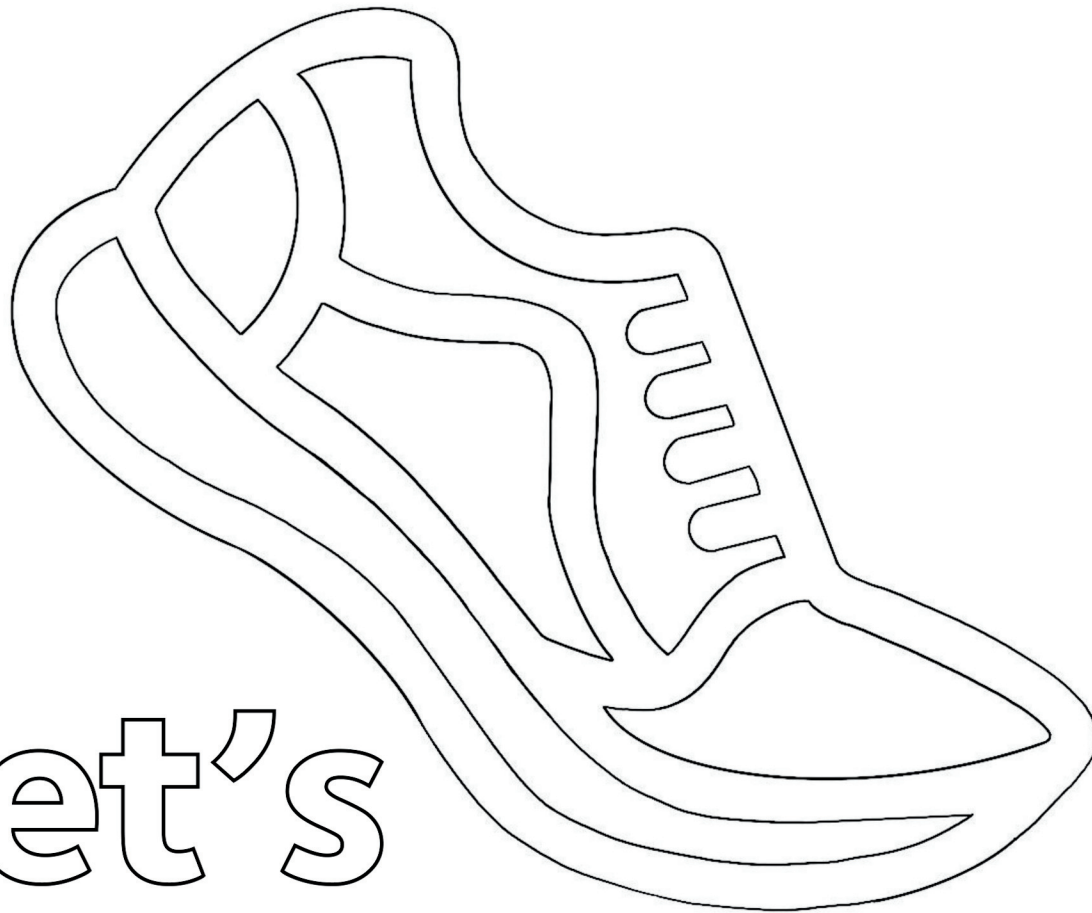
# Movement is good for our minds!





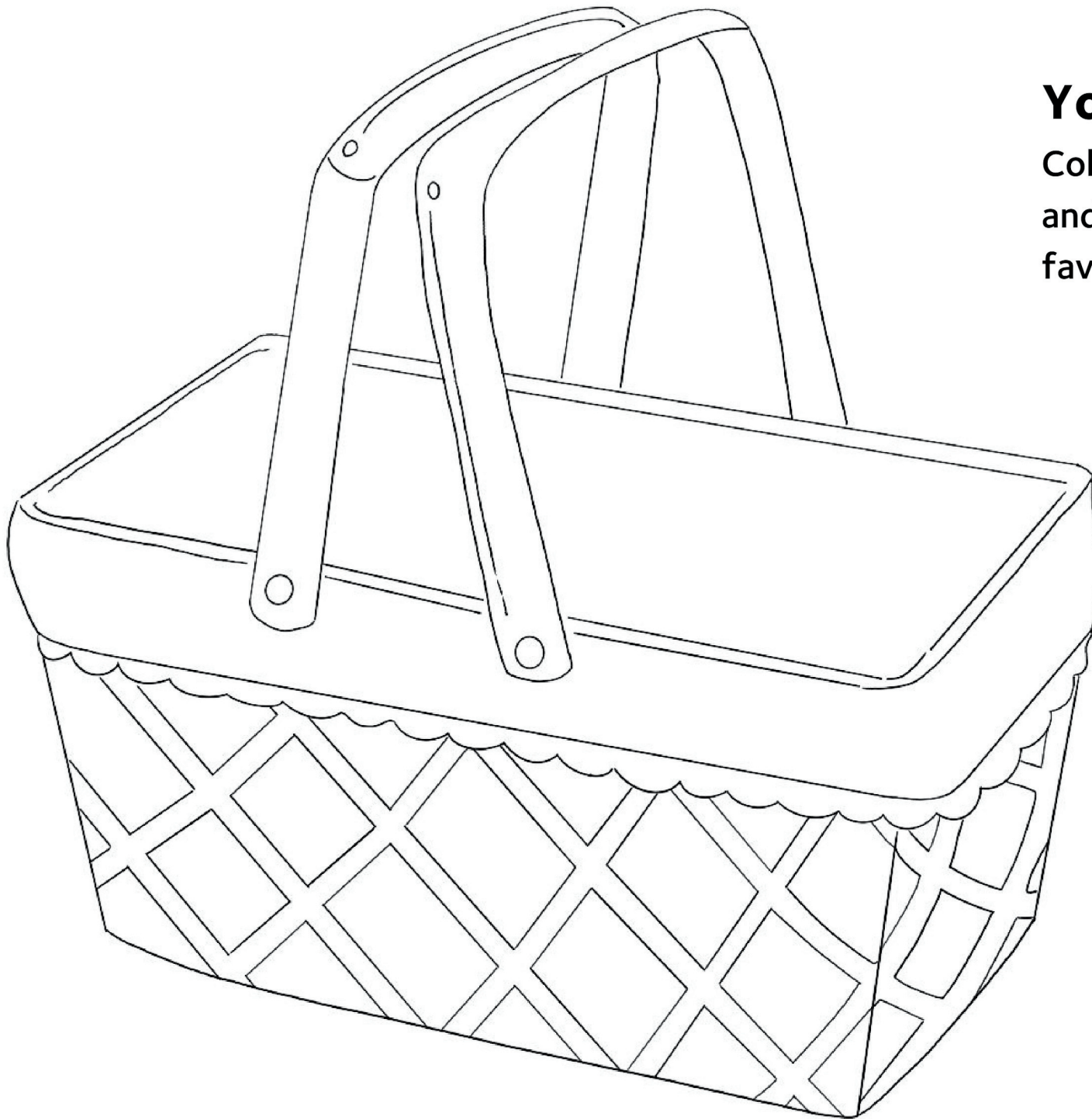
Mental  
health  
matters  
to me!





Let's  
move  
together





## Your dream picnic...

Colour in this picnic basket,  
and fill it with your  
favourite food!



Great  
**BIG**  
Purple  
Picnic